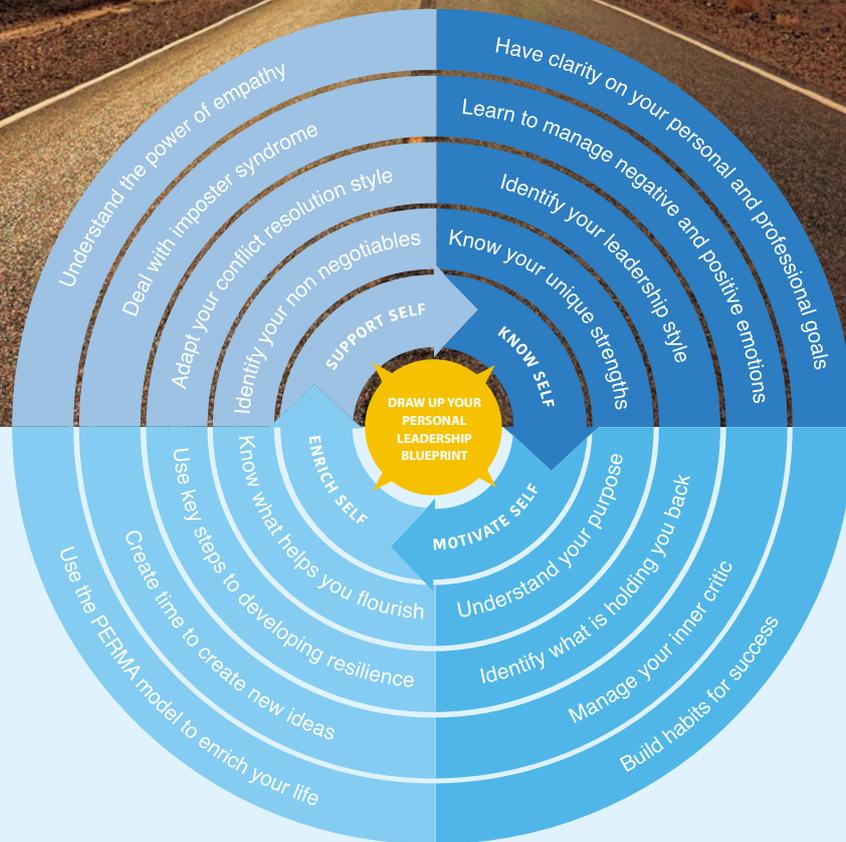


# THE LEADERSHIP REVOLUTION



**BOOK A  
DISCOVERY  
CALL NOW**

## **12 x HOUR-LONG SESSIONS**

over 24 weeks via Zoom. Recorded and yours to keep

## **GUIDED WORKSHEETS & WORKBOOKS**

to help you get the most out of this course

**2 BOOKS ON LEADERSHIP** to kickstart your journey

## **A DISC ASSESSMENT**

Understand your preferred personal communication style and learn tools and techniques on how to adapt it to work with others.

Learn how to work with or lead diverse teams

## **A RESILIENCE EVALUATION**

which helps you create your own resilience plan. This methodology is based on ten years of research and proven psychological techniques

**FULL EMAIL SUPPORT** whenever you need it

**PLUS COMPLIMENTARY** personal growth sessions with 3 experts



## RESULTS

- High performance leading to extra income (if this is a goal) in the long term, aligned with your values
- A clear map to your professional goals, which leads to you being more productive
- A fulfilled, happy less stressed life, operating at peak performance without burnout
- You having confidence in your leadership style, a certainty of knowing that you are on the right path
- You know you are making a positive impact on your organisation and in your relationships
- You will learn to thrive no matter what the environment you find yourself in
- You are confident that you are using proven scientific techniques to align the thinking from your whole body
- **Most importantly you will change the world by being the leader you want to be**

COST £3,000 | Payment plans available

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## MEET OUR EXPERTS



Elisa Ferguson is a Registered Nutritionist and Yoga & Meditation, teacher. With a background in Psychology and currently studying a Masters in Neuroscience, she is focused on the impact and solutions of stress on our physical and mental wellbeing.

She also specialises in supporting women during perimenopause and menopause with hormonal balance and brain health.



Emma Wainer has over 15 years' experience in coaching communication skills in the private and public sectors.

She is able to draw on skills developed in clinical practice as a Speech and Language Therapist, creating a supportive and challenging environment for her clients with cohesive, relevant training and coaching so that they are able to stretch and grow towards their chosen goal.



Carl is a time management and productivity expert. Which is based on his decades-long IT career, spanning business ownership, board membership and now working in Big Tech,

Carl has accumulated a wealth of productivity tools, tips and tricks that he now shares, through training and guidance, with those seeking to take control of their time, their tasks and their inbox.